

# Queenstown Qoya Gathering

Wise, Wild, Free

Qoya is a soulful women's movement practice where we celebrate our wisdom with yoga, our wildness with dance and our freedom to be authentic women



Sherwood Yoga Studio, 554 Frankton Road

[www.thriveinlight.co.nz/retreats-events](http://www.thriveinlight.co.nz/retreats-events)



THRIVE *in* LIGHT

by Kate  
Watkinson